

# INTEGRATED

**RockAbility** welcomes people with developmental disabilities into existing, performance-based musical projects of varying genres. Participants work with local musicians who already gig and record.

## Goals:

- Increase confidence
- Elevate self-advocacy
- Build community connections
- Establish touch-points with audiences
- Improve musical skills
- Demonstrate integration in action
- Have fun and rock out!



## What We Offer:

1. Weekly rehearsals
2. Small ensemble performances at existing open-mic venues
3. Final performance: Fully integrated rock show with mentor musicians



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# ROCKABILITY

## Improve Musicianship & Demonstrate Diversity:

All rehearsals and performances focus on musicianship and collaboration. RockAbility does not aim to create musicians. We do not teach people how to sing or play the guitar, piano, or any other instrument. Rather, we provide an opportunity for adult musicians with developmental disabilities to engage with other typical musicians who already gig and record. Many members take private music lessons. Everyone works on the material on their own time.

## Next Steps:

We would love to extend this project. If you are interested in donating, contact NPower Services.

# COLLABORATIVE

